RACE ENTRY FEES - Make Checks Payable to "Excelsior Running Club" and mail to 2725 Escobar Way, Sacramento, CA 95827

Up to March 15	March 16 to May 13	May 14 to May 26	Up to May 26
5K: W/ SHIRT	5K: W/ SHIRT	5K: W/ SHIRT (by May 21)	Community 1M: NO SHIRT
☐ $30	☐ $35	☐ $38	☐ $12
☐ $20 (18 & Under)	☐ $25 (18 & Under)	☐ $25 (18 & Under)	☐ $8 (18 & Under)
			☐ + $7 Add shirt

E-MAIL

FIRST NAME

LAST NAME

ADDRESS

CITY

STATE **ZIP CODE** **PHONE** - -

GENDER
M ☐
F ☐

DISTANCE/HEAT
5K ☐ All Comer (9am)
5K ☐ Female - Competitive/USATF (8am)
1M ☐ (10am)

RACE DAY AGE

EMERGENCY CONTACT

EMERGENCY PHONE #

Shirt Size? (circle) XS S M L XL

Kid size? Y N

TEAM NAME

What is the star you would like to reach? (Goal you want to meet by race day. Doesn't have to be race related. E.g. Set a personal record, beat a friend, make a friend, smile the entire way, secret, etc.)

Is it okay to share your goal if we find it interesting? (Check box)	☐	**Yes -** Goal Only	☐	**Yes -** Name & Goal	☐	**No**

Waiver – All Participants must sign for **Reach For A Star (RFAS) 5K & Fun Run – May 27, 2019**

I, the undersigned, intending to be legally bound for myself, my heirs, my executors, and administrators, waive and release rights and claims for damages I may have against Excelsior Running Club and any of the sponsors, volunteers, officials, and organizers associated with this race and their heirs, representatives, successors, and assigns for inquiries suffered by me in this event. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been recently verified by a licensed physician. Further, I hereby grant full permission to any and all of the foregoing to use photographs, videotapes, motion pictures and recordings of me or any other record of this event for legitimate purposes. Entry form is invalid unless signed by entrant.

Signature: _____ Date: _____

(parent or guardian must sign if under 18)